

## (New) Authority meets Mentalization The 5th annual conference – Schneider's Children Medical Center

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The 5th annual conference “(New) Authority meets Mentalization” was held in April 2018 at Schneider Children’s Hospital. Keeping with the tradition of “theoretical encounters”, the conference concentrated on the encounter between the New Authority model and MBT – Mentalization Based Treatment.

The Keynote guest for the conference, Dr. Eia Asen from Anna Freud National Center for children, presented his innovative work about MBT. The differences and commons between the two theories were demonstrated in a dialogue with Idan Amiel on stage ([See a short clip here](#)).

Bart Colson from University hospital – UZ Brussels linked between New Authority and mentalization in his lecture – Vigilant Care in a mentalizing mind ([read a summery here](#)). Colson demonstrated a unique implementation of the process of assimilating NVR side by side with MBT in a psychiatric ward in UZ Brussels. Colson used a detailed explanation about the effective ingredients in therapy and ended this day in a refreshing manner while using beer production as a metaphor for the therapy process, everybody agreed on that!

The Hebrew day of the conference started with a lecture by Dr Ilan Diamant and Dr. Yoav Broshi who presented principles for parental guidance based on metallization.

Other lecture topics were Treatment of eating disorders, which combines a mentalization-based approach with the principles of the new authority approach (Nitzan lipschitz & Dr. Orit Krispin); techniques for educational teams for dealing with violence and cyberbullying, while integrating mentalized dialogue between teachers and parents (Galit Siegman). We presented different developments of the New Authority model –a process of assimilating the New Authority model at a residential setting for girls at risk. This process, first of its kind in Israel, was described by Einat Stoler, who supervised the therapeutic staff and by Yael Ariel, the director of the residential, who described the process from the perspective of the staff members.

Finally, a lecture about NA in schools (Tal Maimon), who elaborated about reparation acts as a tool to create a parent-teacher alliance.