



4th INTERNATIONAL CONFERENCE ON NON-VIOLENT-RESISTANCE 2016

Short summary of the international conference

In May 2016 we - representatives from Foliko from Copenhagen and Mayorlinna from Gotheburg had the honors and pleasure to organize and host the 4th international conference on NVR and NA.

The conference took place in sunny Malmo, in the city where our two counties are united by a 16 kilometer long bridge.

The theme of the conference was "This is how we do NVR" – with an emphasis on the creative practice and use of NVR ideas combined with local skills and needs. Furthermore an overall theme of the conference in such was the emphasis on strengthening the relations between child and caregiver and to see how NVR can be helpful to create better metallization and stronger secure attachment and cope with past experiences of disconnection.

In line with this thinking we had a great pre conference workshop with Eia Asen, from the AnnaFreud center, London and Haim Omer, from Tel Aviv university, under the title "NVR meets MBT' - Minding the child and the family"

Our main conference kicked off with the gathering of more than 300 participants from 15 countries on a sunny Thursday morning in May - where **we all together boarded on the "NVR airlines" - bound for the land of practice.**

Beside the keynote speakers Rikke Lyngdam, Nina Boelsgaard and Paul Johansson, Frank van Holen, Haim Omer, Uri Weinblatt, Peter Jakob and Idan Amiel more than 60 persons presented hands-on work from various NVR inspired fields all in more than 40 workshop. **The very load of creativity in these workshops made it very difficult for participants to choose which one to attend next and our halls were filled with lively conversations, networking, inspirational talks, laughter and exchange of ideas.**

A great band and a ball room was the frame for the candlelit conference dinner, and **we now also for sure know that NVR people are the best party crowd.** The dancefloor was never empty and the party crowd kept on dancing after the lights were switched off and the music had stopped.

As organizers we would like to thank everyone of the many participants – speakers, workshop presenters and colleagues from the 15 countries represented for joining the party and wishing to see you in Israel for the next international conference.

Paul Johansson, Nina Boelsgaard and Rikke Lyngdam